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Whipped Cream



Ingredients:

1 pint organic heavy cream
Organic vanilla extract
Coconut palm sugar
Vanilla stevia

Instructions:

Beat heavy cream in a deep bowl on high with an electric mixer until mixture thickens. Slowly add vanilla, coconut palm sugar and stevia to taste. Continue to beat on high until stiff peaks form. Serve over top of your favorite low carb recipe. If you have trouble getting the mixture to thicken, try starting with beaters and bowl chilled beforehand.